



Kansas System of Care Statewide Advisory Council  
Minutes  
Thursday, January 24, 2019

**Present** (see below)

**Call to order:** Scott Wituk brought the meeting to order at 5:05pm (the co-chairs, Sarah and Brad, were not on the line, so Scott agreed to lightly facilitate the meeting in their stead).

**Introductions:** Scott told attendees that they could ask any questions of the CEI Staff or CMHC Staff in their locations. He then reviewed the core principles of SOC and the purpose of the system. He also introduced the partners for the SOC. He briefly discussed the committees and noted that we will talk about the progress of these later.

Scott paused for questions.

Jane said SOC needs a ten word definition of SOC for legislators. Barbara said that Georgetown (in the 90s) defined it—she couldn't remember it off the top of her head. Something about coordinating across agencies and building a service system to keep young people in their homes and communities.

Kaitlyn said she would forward the definitions of SOC previously created and approved to everyone and Debra said she would forward the existing brochure to everyone.

**October Advisory Council Meeting RECAP:** Sites given 3-4 mins to review the meeting notes Debra Garcia made the motion to approve, and Kaela Moore seconded the motion. The motion to approve passed unanimously.

**SOC Partner Updates:** Scott reviewed the agenda and meeting plan. There were no written updates to the agenda. Sites given 3-4 mins to review the written updates.

Opened discussion for everyone to comment on what stands out to them:

Scott—congratulated PACES for the trauma informed care training offered for and completed by 14 staff

Kaitlin—asked for Debra's transition policy

Kaela—Wellness Group in Wellington

Janell K.—Finals Brain Breaks, thinking about the teachers and peers stress levels during finals

Kim—Wellness Groups in Wellington and Brain Breaks in Ulysses

Jane—Written updates are great

**SOC State Advisory Council Updates:** Scott announced search for new chair for the soc advisory council. Jane had a recommendation for a possible chair. There will be a vote at the next SOC meeting and a “ballot” will be sent out with candidates. If you know of someone—or you yourself would like to do it—please let someone at your CMHC know.

**BREAK** 5:41pm – 5:48pm

**Discussion1: Youth And Family Participation Stipends:** Scott introduced the draft document. Nicole thanked Debra who got the draft ready for this meeting.

Feedback by Site:

- Garden City: Add “you’ll be reimbursed for lodging up to the government rate”—**Consensus on adding this language OR having the paying entity make the arrangements.** There are some blanks—can we add global or specific language?
- Wichita/Topeka: Need to clarify whether it’s per family unit or per person. Jane recommended presenting to people who this affects, i.e. families who have attended this meeting or families who might attend; need to know from families what they need in order to participate in these meetings. Agreement that we should ask consumers about this stipend and other considerations on how to make it easier for families to become involved. Possibly a mileage minimum to make it easier to pay by the organization doing the reimbursing. Some discussion about the difference between a policy for reimbursement, and a policy on family engagement, which are connected but not the same. It needs to match up with what KEYS is already doing if KEYS is the one doing the reimbursing. Recommendation that youth and families be paid as individuals instead of only the family unit being paid. Suggestion: one stipend to parents/guardians, and one to the youth. Agreement that youth and parents should both be paid the stipend. Acknowledged that stipend and engagement are not mutually exclusive. Some concern about wording in childcare section around payment contingent on funding availability. Could contingency on available funding be added at the top in bold so people know right away. Family participant: “I wouldn’t want to ask if there are funds available.” Suggested that maybe it should be on the funders and partners to know whether the funds are available. Suggested the policy should clarify which committees and meetings the Stipend Policy is good for. Discussion around utilizing survey feedback vs. informal feedback; recommendation to do informal conversations first and follow up with more formal feedback if needed. Deadline for this policy is February 12<sup>th</sup> (next meeting of Governor’s Behavioral Health Council): the Gov’s office has a clear desire to include more consumer voice in the planning and the design of the programs that KDADS operates and there’s this opportunity right now and it’s good to strike while the iron is hot. Recommended language to include attending the meeting site nearest to you, so that people aren’t traveling way outside their area—**Consensus to add this to the document**

Next steps are to revise current draft and distribute for additional feedback.

**Discussion 2: Baseline Implementation Report:** Nicole introduced the report, SAMHSA requires an assessment at the beginning and the end of the grant. This is the beginning assessment.

Overall Feedback: Too much information in one place to fully understand. More warning about the kinds of questions that will be asked and timeline for completion should be included. A narrative summary might help orient readers to the contents. Important to emphasize what is being measured (perceptions of implementation, not occurrences of services or other counts)

Callout Feedback

- Garden City: Fig 2—flexible funds policy is now in place, so we anticipate seeing movement on that.
- Topeka: Fig 12—almost 60% said they don't know about substance use residential treatment or don't know whether it's available. That sticks out as an area that we can do some education about what services are available and whether or not there are enough treatment centers are available.
- Garden City: Fig 2—Compass is working to make natural supports a part of their staff's professional review, i.e. what percent of their meetings occur in the community rather than at the mental health center, etc. Making it easier for teachers and community to be involved, etc. Also, CLC could be part of this helping families reduce stigma and learning how to invite natural supports to become involved.
- Wichita: This is just a snapshot; we're at a different place now, but it's good to see that many of the responses fell in the moderately, substantially, extensively implemented category—knowing that we're a work in progress.

**Discussion 3: Youth Mental Health Month:** Kaela provided an update and invited everyone to the Social Marketing Committee Meeting, Feb 19, 4:30-6:30pm. If anyone would like to provide feedback about the art contest themes, they can email Kaela at [kaela.moore@wichita.edu](mailto:kaela.moore@wichita.edu)

**KDADS Update:**

They have a new coordinator starting on Monday and then he will begin doing outreach. Continuation Application due on the 4<sup>th</sup>. SPARS report due 30<sup>th</sup>. Good conversation with the national TA providers and will invite others to those calls to keep progress going. Will have a deputy secretary who will start Feb 4<sup>th</sup>; she has been a veteran of state employment and will bring stability to KDADS that will benefit SOC. Laura Howard is the new secretary for KDADS and DCF. This will be an asset to SOC. There are many opportunities for us to impact things on the child welfare side of things as well. Legislators are asking about SOC. They are putting together a report to send to the house budget committee. Let them know what you'd like to include by Feb 8. SOC was highly featured in the MH taskforce recommendations — which is a good document to look at to know about mental health and legislation in Kansas.

**Adjournment:** The Meeting was adjourned at 7:05pm

**Next meeting:** April 25, 2019, 5:00pm-7:00pm

## **Attendees**

Kaela Prall  
Barbara Huff  
Emily webb  
Madysen Mansfield  
Debra Garcia  
Schandra Petersen  
Janell Stang  
Douglas Garten  
Briana Searight  
Kaitlin Heaton  
Hannah DeWitt  
Alyssa Wilson  
Janell Kennady  
Tia Mourning  
Kim Fisher  
Nicole Freund  
Scott Wituk  
Jane Adams  
Andrew Brown

DRAFT